

WHALEBACK NORDIC SKI CLUB

EVENT: 2012 Newfoundland and Labrador Masters Cross-Country
Skiing Championships

DATES: February 11-12, 2012

PLACE: Whaleback Nordic Ski Club
Stephenville, Newfoundland

CHIEF OF RACE: Graham Oliver
11 Juniper Avenue
Kippens, NF
A2N 3E8

TEL: (709) 643-5426
E-MAIL: g.oliver@eastlink.ca

RACE SECRETARY: Bruce LeGrow
2 MacNeil Crescent
Stephenville, NF
A2N 3E3
TEL: (709) 643-3259
E-Mail: bruce.legrow@nf.sympatico.ca

ELIGIBILITY: Open to members of the Canadian Masters Cross-Country Ski
Association

ENTRIES AND DEADLINES: All entries must be received by the Race Secretary by:
6PM FRIDAY, FEBRUARY 10, 2012

Entry forms must be complete with signed waivers and cheque

ENTRY FEES: All Skiers \$10.00 per race

Please make cheques payable to:

Whaleback Nordic Ski Club

AWARDS: Bragging Rights Only

EVENT SCHEDULE: Classic Race: 11:00 a.m., February 11, 2012
Freestyle Race: 11:00 a.m., February 12, 2012

RACE CATEGORIES AND DISTANCES

| CATEGORY | YEAR OF BIRTH | DISTANCE | |
|----------------|-----------------|----------------|-------------|
| Males | | Classic | Free |
| M I | 1970 -1981 | 10 km | 10 km |
| M II | 1960 -1971 | 10 km | 10 km |
| M III | 1950 -1961 | 10 km | 10 km |
| M IV | 1951 or earlier | 10 km | 10 km |
| Females | | Classic | Free |
| F I | 1970 -1981 | 10 km | 10 km |
| F II | 1960-1971 | 10 km | 10km |
| F III | 1950 -1961 | 10 km | 10 km |
| F IV | 1951 or earlier | 10 km | 10 km |

Wave start for classic

Wave start for free technique

ENTRY FORM

Please Print

Last Name: _____ Given Name: _____

Address: _____

City: _____ Prov/: _____ Postal Code: _____

Telephone: _____ Fax: _____ Sex: _____

Club: _____

Race: Classic: _____ Free: _____ Category: _____ Birth Date: _____

Classic Technique: Saturday, February 11, 2012, 11:00 a.m.

Freestyle Technique: Sunday, February 12, 2012, 11:00 a.m.

| Category | Year of Birth | Distance | |
|--------------|-----------------|----------|-------|
| | | Classic | Free |
| M I | 1970-1981 | 10 km | 10 km |
| F I | | 10km | 10 km |
| M II | 1960-1971 | 10 km | 10 km |
| F II | | 10 km | 10 km |
| M III | 1950-1961 | 10 km | 10 km |
| F III | | 10 km | 10 km |
| M IV | 1951 or earlier | 10 km | 10 km |
| F IV | | 10 km | 10 km |

Entry Fees Enclosed (\$10.00 per race): \$ _____

Please return this entry to:

Bruce LeGrow
Race Secretary
2 MacNeil Crescent
Stephenville, NF
A2N 3E3

E-mail: bruce.legrow@nf.sympatico.ca

ALL ENTRIES MUST BE RECEIVED BY 6:00 p.m. FRIDAY, FEBRUARY 10, 2012

Release Clause: I hereby release the Whaleback Nordic Cross Country Ski Club, its members or agents, sponsors, Cross Country Canada, Newfoundland and Labrador Cross Country Ski Association and any person officially connected with competitions from any liability for any injuries or damages whatsoever arising from my participation in or presence at this competition.

Date:

Signature: